

## PROGRAM RESOURCES

Dear Group Leader,

I look forward to serving you and your group while you are here at RMBC. The attached Program Resources list contains recreation equipment, program areas, and activity ideas that are available to your group. Let me know how we can assist you achieve your goals as you plan activities and create your event schedule.

These program resource options fall into two categories: Facilitated (run by us for you) and Non-Facilitated (run by you). The times given are sample durations. You are welcome to have multiple sessions for an activity, arranged with me in advance. Once you have decided which resources your group would like to use, contact me via email or phone to arrange the details. Contact me if you have any questions regarding these program resources. I will be contacting you to confirm your schedule, activities, housing arrangements at least 1 week prior to your event.

Serving Christ with You,

Reid Anderson Program Director

Rock Mountain Bible Camp

"We provide opportunities to Experience Truth, Community, and Change through Jesus Christ."

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## **PROGRAM RESOURCES ~ ACTIVITIES**

## **FACILITATED:**

All facilitated activities must be prearranged with Reid Anderson. RMBC staff cannot facilitate more than 2 simultaneous events, or facilitate every event/activity in your schedule.

ACTIVITY	Sample Session Duration	Special Notes
Archery & Slingshots	1 hr	Spring, Summer, Fall
Geo-caching -Scavenger hunt using GPS!	1-1.5 hrs	MAX – 24 people per session.
Hay-ride	1 hr	MAX- 25 people per ride Spring, Summer, Fall
Irish Road Bowling	1hr	MAX – 24 people per session
Orienteering Course -Find flags with a map & compass!	1 hr	MAX- 24 participants per session.
Outpost -Lean-to campout site	Overnight	MAX- 24 people per night 4 lean-tos & campfire w/ benches Mattresses & lanterns provided.
Pool	2-3 hrs – Daytime Only	Summer Only
Rock Mtn Lasertag	Up to 2hrs	22 players per game. 8-10 games/hr. Indoors or Outdoor
Snack Shop	1-2 hrs	Snack shop must close by 11pm.
Snow Tubing	1-3 hrs	Winter Only *As Conditions Allow
TEAM-Challenge (Team-building Activities)	Up to 2hrs	Indoors or Outdoors
TEAM Initiative Course (Low Ropes Course)	Up to 2hrs	MAX- 4 groups of 8-16 per session
Zip Line	1 hr	MAX - 16 participants per hour.  Designate Adult Leader to Assist

## **NON-FACILITATED:**

In the event of multiple groups at camp - your group may be designated a time-slot to use these areas.

ACTIVITY AREA	Open Hours	SPECIAL NOTES
Ball Field	Anytime	
Lake: Boating / Fishing**	Dawn until Dusk	Group must provide Adult Supervision 16 yrs + must have valid PA Fishing License.
Bon Fire	1-2 hrs	We build & light the fire.
Bouldering Wall	Dawn until Dusk	Can also be facilitated.
Disc Golf Course	Dawn until Dusk	18-hole Disc Golf Course – Discs provided. Can also be facilitated.
Game Forest (game field in the woods)	Dawn until Dusk	Great for Paintball** &/or Capture-the-Flag Can also be facilitated.
Game Room	Anytime	Carpetball, Ping-Pong, Foosball, Air Hockey
Gridlock	Anytime	Can be setup in the Gym or Outdoors. Can also be facilitated.
Gym	Anytime	Basketball, Volleyball, Dodgeball, Floor Hockey, Ga-Ga Ball, etc.
Hiking Trails	Dawn until Dusk	3.4 mile+ trail network
Outdoor Courts	Anytime	Basketball, Ga-Ga Ball, Tetherball, Box Hockey
Soccer Field	Anytime	
Upper Hayfield	Anytime	Night-time Capture the Flag, etc.

<sup>\*\*</sup>Your Equipment